

FACT SHEET

WHAT IS COVID-19?

COVID-19 is a disease caused by a virus named SARS-CoV-2. It spreads easily from person to person, mainly through aerosolized virus particles. The virus most often causes respiratory symptoms that can feel much like a cold, a flu, or pneumonia. COVID-19 may attack more than your lungs and respiratory system. Other parts of your body may also be affected by the disease.

Most people with COVID-19 have mild symptoms, but some people become severely ill, others may suffer from post-COVID conditions or long COVID.

COVID-19 can take up to **14-days** between **infection** and **detection**^[3] when symptoms are present

Incubation 1-14 days	Detection 4-5 days
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Source: <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

SYMPTOMS

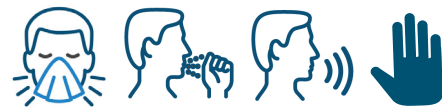
Source: Center for Disease Control^[4], WHO

- Fever or chills
- Cough
- Muscle or body aches
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- New loss of taste or smell
- Nausea or vomiting
- Congestion or runny nose
- Diarrhea

HOW COVID-19 SPREADS



**COVID-19 IS
SPREAD THROUGH THE AIR**



SPREAD

WHEN INFECTED PEOPLE COUGH, SNEEZE, TALK OR TOUCH

[➔ Learn More:](#) contact your Ecolab representative

References;

[1] <https://www.who.int/health-topics/coronavirus>

[2] [https://en.wikipedia.org/wiki/2019%E2%80%932020_outbreak_of_novel_coronavirus_\(COVID-19\)](https://en.wikipedia.org/wiki/2019%E2%80%932020_outbreak_of_novel_coronavirus_(COVID-19))

[3] <https://www.imperial.ac.uk/mrc-global-infectious-disease-analysis/news--wuhan-coronavirus/>

[4] <https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-care.html#:~:text=The%20signs%20and%20symptoms%20of,Congestion%20or%20runny%20nose>

PREVENTION

▶ TAKE ACTION

Know your COVID-19 facts.

Get **access to educational & procedural information.** Refer to your local health authorities and the WHO.



Get Vaccinated



Encourage employees to:

- Stay at home or visit the doctor if they are sick
- Wash their hands frequently
- Clean and disinfect impacted areas



Frequent handwashing

Thoroughly wash hands and exposed portions of arms with Ecolab hand soap and warm water

for at least  **seconds.** Use designated handwashing sink.



Sanitize Hands

Use alcohol-based Ecolab hand sanitizer without rinse.



Cover your mouth & nose

When coughing or sneezing and wear a mask as advised.



Be symptom aware

Avoid close contact with others when you or they are displaying respiratory symptoms.



▶ CLEAN THOROUGHLY & ROUTINELY

CLEAN & DISINFECT

frequently touched objects and surfaces with a properly registered disinfectant.

- Light and air control switches
- TV and remote controls
- Door handles and push plates
- Faucets and toilet flush levers
- Telephones and computers
- Other surfaces as needed



All surfaces that may have contacted respiratory secretions, urine or feces according to standard infection control procedures.

➔ **Learn more:** ecolab.com/COVID-19

RESPONSE

- 1. Encourage vaccinations** of employees when and where available
- 2. Wash your hands** frequently and thoroughly
- 3. Follow** Ecolab guidelines for infection prevention
- 4. Report** any suspected illnesses to management
- 5. Stay home** if you're sick
- 6. Disinfect** high-touch surfaces with Ecolab solutions effective against COVID-19 (SARS-CoV-2 virus) - reference procedures on product label
- 7. Stock EPA-registered** disinfectant products as preventative approach



➔ [Learn more: ecolab.com/coronavirus](https://ecolab.com/coronavirus)